


During the **2018/19 academic year**, **211 young people** participated in an **independent evaluation** of the **award winning Risk-Avert programme**.

commissioned by:

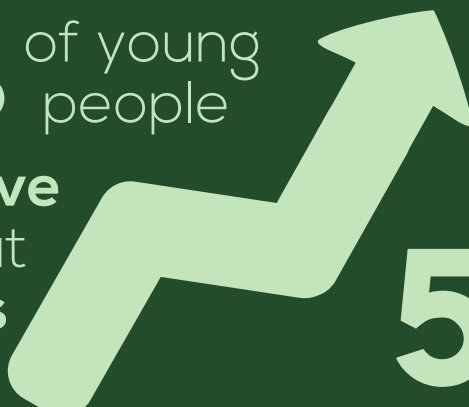
Essex County Council
designed and delivered by:
 the training effect

Here are **5 key outcomes** from the **evaluation**:

1.   **72%** of young people **achieved positive outcomes** relating to their **mental well-being**

74% of young people **achieved positive outcomes** relating to their **self-efficacy** **2.** 

3.  **74%** of young people **achieved positive outcomes** relating to their **resilience**

4. **76%** of young people **achieved positive outcomes** in at least **2 domains**  **5.** **54%** of young people **achieved positive outcomes** in **all 3 domains**

Risk-Avert continues to provide **positive outcomes** first identified in **2015/16**. All **Risk-Avert sessions** are **delivered in school**, by **non-specialist school staff** who have received **training** by **The Training Effect**.