

During the **2018/19 academic year**, **39 young people** participated in an **independent evaluation** of the **Risk-Avert:EHWB programme**.

commissioned by:



Essex County Council

designed and delivered by:



Here are **5 key outcomes** from the **evaluation**:

1.  **74%** of young people **achieved positive outcomes** relating to their **mental well-being**

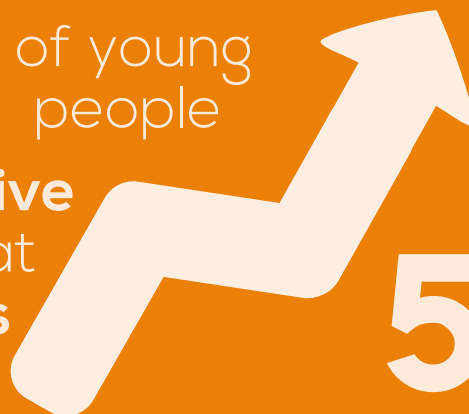
74% of young people **achieved positive outcomes** relating to their **self-efficacy**



2.

3.  **92%** of young people **achieved positive outcomes** relating to their **resilience**

4. **77%** of young people **achieved positive outcomes** in at least **2 domains**



69% of young people **achieved positive outcomes** in **all 3 domains**

5.

Risk-Avert continues to provide **positive outcomes** first identified in **2015/16**. All **Risk-Avert:EHWB sessions** are **delivered in school**, by **non-specialist school staff** who have received **training** by **The Training Effect**.