

# Summer Safety KS3/4 Session 1 - Supporting Information

We have produced a series of video lesson plans to support delivery of the Summer Safety Sessions.

**PLEASE NOTE** - This video lesson plan should be used to support the delivery of a lesson facilitated by a member of staff.

## **How to use the video as part of a lesson / discussion**

When playing the video you will see the following pause symbol at key points in the video.



You should pause the video at this point and complete the activity stated in the video.

For this lesson the questions to discuss are:

**1<sup>st</sup> Pause - So, let's think about what some of the risks we might encounter over the summer months might be and why they might be more of an issue at this time of the year.**

- Facilitate a discussion with pupils focused on the two elements of the question.

Key elements/prompts for facilitator to cover:

- Risk-taking is always present but over the summer people are often with peers more than normal and often have less adult supervision.
- May be in contact with older peers more than normal.
- People tend to congregate in the same areas such as parks and beaches, this can increase the risk of certain incidents and behaviours.
- What are some risks that are very relevant to the summer? (e.g. risks related to water)

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**2<sup>nd</sup> Pause - Given everything we have all been through over the past year do you think that this summer may be different?**

- Facilitate a discussion with pupils related to the impact of the pandemic and whether they feel this summer may be different to a 'normal' year.

Key Elements/prompts for facilitator to cover:

- FOMO – people may feel have missed out on certain things and be looking to make up for lost time.
- General pent-up demand in the population, not just young people.

## **End of Video**

The video ends by saying your teacher will now finish the session with you.

- You should encourage students to talk about the information presented in the video.
- Ask for any final clarifications or questions.